

Aerial - Winter/Spring 2024-2025

Class Information	Prerequisites	Performing Status
4-Girl Spinning Cube (CUBE) A large, hollow, and side-less three-dimensional aerial cube upon and through which performers exhibit various		
Youth Intermediate		
CUBE 0000-01 4-Girl Spinning Cube ages 13+ (Wed 6:30-7:00 PM)	By invitation only. All splits, high level of flexibility, 3 consecutive pull ups, and space availability.	Non-Performing
CUBE 0100-01 4-Girl Spinning Cube ages 13+ (Fri 5:00-5:30 PM) CUBE 0100-02 4-Girl Spinning Cube ages 13+ (Thur 5:00-5:30 PM)	By invitation only. All splits, high level of flexibility, 3 consecutive pull ups, coach recommendation, and space availability.	Spring Show 2025
CUBE 0200-01 4-Girl Spinning Cube ages 13+ (Thur 4:30-5:00 PM)	All skills from previous level, coach recommendation, and space availability	Spring Show 2025
Youth Advanced		
CUBE 1000-01 4-Girl Spinning Cube ages 13+ (Tues 6:15-7:00 PM) CUBE 1000-02 4-Girl Spinning Cube ages 13+ (Tues 7:00-7:45 PM)	By invitation only; successful execution of skills from previous level and space availability	Winter Show 2024 and Summer Show 2025
Aerial Pole (AP) Aerial Pole (AP) Execute graceful, acrobatic poses on a suspended pole.		
Youth Advanced		
AP 1000-01 Aerial Pole ages 13+ (Fri 4:00 PM)	Invitation only	Summer Show 2025
Bungee Trapeze (BT) Trapeze work and bungee maneuvers create a thrilling spectacle from the heights of the big top. Must be taking at least		
Youth Intermediate		
BT 0000-01 Bungee Trapeze ages 12+ (Tues 4:00 PM) (FF)	At least 90 pounds in weight (max weight 155). Can execute 3 consecutive pull ups; has performed in Spanish Web, Triple Trapeze, Hoops, or Silks within the last two years; coach recommendation; and space availability	Non-Performing
BT 0100-01 Bungee Trapeze ages 13+ (Mon 4:00 PM) (FF) BT 0100-02 Bungee Trapeze ages 13+ (Mon 5:00 PM) (FF)	Successful execution of skills from previous level, 5 consecutive hanging pike leg lifts to the bar with legs straight and together, coach recommendation, and space availability	Spring Show 2025
BT 0300-01 Bungee Trapeze ages 13+ (Fri 4:00 PM) (FF)	Successful execution of skills from previous level, 5 consecutive pull-overs with legs together, coach recommendation, and space availability	Spring Show 2025
BT 0400-01 Bungee Trapeze ages 13+ (Mon 7:15 PM) (FF)	Successful execution of skills from previous level, 5 consecutive pull-overs with legs together, coach recommendation, and space availability	Spring Show 2025
Youth Advanced		
BT 1000-01 Bungee Trapeze ages 13+ (Mon 8:15 PM) (FF)	By invitation only; successful execution of skills from previous level and space availability	Summer Show 2025
Cloud Swing (CS) Breathtaking aerial work on a rope-like swing which has loops to secure hand and foot dives. This act combines both static		
Youth Intermediate		
CS 0100-01 Cloud Swing ages 13+ (Thur 6:00-6:30 PM)	Participation in Cloud Swing 0000, good dislocate and inlocate, coach recommendation, and space availability	Spring Show 2025
CS 0200-01 Cloud Swing ages 13+ (Thur 5:30-6:00 PM)	Has performed in Cloud Swing 0100, coach recommendation; and space availability	Spring Show 2025
Double Cloud Swing (DCS) Twice the fun of Cloud Swing! This act is two cloud swings rigged one above the other and includes partner work and		
Youth Advanced		
DCS 1000-01 Double Cloud Swing ages 13+ (Fri 6:15 PM)	Successful execution of skills from previous level, 5 consecutive pull ups, 5 consecutive pull overs, 5 consecutive pike leg lifts, splits on both legs, coach recommendation, and space availability	Summer Show 2025

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Double Swinging Trapeze (DST) This act combines the exciting act of Swinging Trapeze with the team-based act of Duo Trapeze.		
Youth Advanced		
DST 1000-01 Double Swinging Trapeze ages 13+ (Mon 5:45-6:15 PM, Sat 1:15-2:00 PM) (FF)	By invitation only.	Summer Show 2025
Double Trapeze (DT) Two people work together on this trapeze, and the results are stunning. Trust your partner and master daring transfers		
Youth Intermediate		
DT 0200-01 Double Trapeze ages 11+ (Tues 8:15-8:45 PM) DT 0200-02 Double Trapeze ages 11+ (Fri 7:45-8:15 PM)	Invitation Only. Has accomplished all skills in Double Trapeze 0100, coach recommendation, and space availability.	Spring Show 2025
DT 0300-01 Double Trapeze ages 11+ (Fri 8:15-8:45 PM)	Has accomplished all skills in Double Trapeze 0200, coach recommendation, and space availability	Spring Show 2025
Duo Straps (SPDU) This advanced class focuses on individual and partner work on the straps.		
Youth Intermediate		
SPDU 0100-01 Duo Straps ages 13+ (Mon 8:15-8:45 PM) SPDU 0100-02 Duo Straps ages 13+ (Sat 12:30-1:00 PM)	By invitation only; must have previous experience in straps	Spring Show 2025
SPDU 0200-01 Duo Straps ages 13+ (Thur 5:30-6:00 PM)	By invitation only; must have previous experience in duo straps	Spring Show 2025
Duo Trapeze (DUTP) Advanced partner work performed in a single trapeze high above the arena.		
Youth Intermediate		
DUTP 0100-01 Duo Trapeze ages 13+ (Wed 8:15-8:45 PM)	By invitation only, experience in Double and/or Duo Trapeze and space availability	Spring Show 2025
DUTP 0200-01 Duo Trapeze ages 13+ (Wed 4:30-5:00 PM)	By invitation only, experience in Double and/or Duo Trapeze and space availability	Spring Show 2025
Youth Advanced		
DUTP 1000-01 Duo Trapeze ages 13+ (Mon 5:00-5:45 PM, Sat 10:00-10:45 AM) (FF) DUTP 1000-02 Duo Trapeze ages 13+ (Tues 6:15-7:00 PM, Sat 12:30-1:15 PM) (FF) DUTP 1000-03 Duo Trapeze ages 13+ (Tues 5:00-5:45 PM, Wed 3:45-4:30 PM) (FF)	By invitation only; successful execution of skills from previous level and space availability	Summer Show 2025
Flying Trapeze (FT) Revered as one of the most difficult circus arts, Flying Trapeze is reserved for students with a demonstrated passion for		
Youth Advanced		
FT 0100-01 Flying Trapeze ages 12+ (Fri 7:15 PM) (FF)	By invitation only. Height minimum 52" tall, taking at least 3 other intermediate-level 0200 or higher aerial or acrobatic classes at Circus Juventas.	Spring Show 2025
FT 1000-01 Flying Trapeze ages 12+ (Wed 8:15 PM, Fri 8:15 PM) (FF)	By coach recommendation only. Height minimum 52" tall, taking at least 3 other intermediate-level 0200 or higher aerial or acrobatic classes at Circus Juventas.	Summer Show 2025
Flying Trapeze Basics (FTBS) This class will train the basic skills needed to advance into Flying Trapeze. Students will be working on the ground		
Youth Intermediate		
FTBS 0000-01 Flying Trapeze Basics ages 12+ (Wed 7:15 PM) (FF)	By invitation only.	Non-Performing
Flying Trapeze Recreational (FTRE) This class is for students who want to fly just for fun. Students will swing from the flying pedestal. This class		
Youth Intermediate		
FTRE 0000-01 Flying Trapeze Recreational ages 12+ (Sat 9:00 AM) (FF) FTRE 0000-02 Flying Trapeze Recreational ages 12+ (Sat 10:00 AM) (FF)	By coach recommendation only. Height minimum 52" tall, taking at least 3 other intermediate-level 0200 or higher aerial or acrobatic classes at Circus Juventas.	Non-Performing
Hammock (HM) This silk-like fabric draped from its ends creates a loop in which students wrap themselves and create graceful displays of		
Youth Intermediate		

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HM 0000-01 Hammock ages 13-18 (Wed 4:45-5:15 PM)	By coach recommendation only. Has performed in Spanish Web, Triple Trapeze, Hoops, or Silks, 3 consecutive pull ups; all splits; back bend; dance experience; and space availability.	Non-Performing
HM 0100-01 Hammock ages 13-18 (Wed 4:15-4:45 PM) HM 0100-02 Hammock ages 13-18 (Thur 4:00-4:30 PM) HM 0100-03 Hammock ages 13-18 (Wed 5:15-5:45 PM)	By coach recommendation only. Has performed in Spanish Web, Triple Trapeze, Hoops, or Silks, 3 consecutive pull ups; all splits; back bend; dance experience; and space availability.	Spring Show 2025
Youth Advanced		
HM 1000-01 Hammock ages 13+ (Wed 5:45-6:30 PM) HM 1000-02 Hammock ages 13+ (Mon 6:15-7:00 PM)	By invitation only; successful execution of skill from previous level and space availability	Winter Show 2024 and Summer Show 2025
Hanging Perch (HNGP) The hanging perch is a variation on the perch where the pole is hung from an aerial mount point, and a pair of fliers		
Youth Intermediate		
HNGP 0100-01 Hanging Perch ages 10+ (Tues 7:45-8:15 PM)	By invitation only; previously performed in Triple Trapeze and/or Spanish Web, and space availability	Spring Show 2025
HNGP 0300-01 Hanging Perch ages 10+ (Fri 5:45-6:15 PM)	Previously performed in Hanging Perch 0200 and coach recommendation	Spring Show 2025
HNGP 0500-01 Hanging Perch ages 13+ (Tues 7:00-7:45 PM)	By invitation only.	Spring Show 2025 and TBD Summer Show 2025
Youth Advanced		
HNGP 1000-01 Hanging Perch ages 13+ (Fri 5:00-5:45 PM) HNGP 1000-02 Hanging Perch ages 13+ (Tues 6:15-7:00 PM)	By invitation only	Winter Show 2024 and Summer Show 2025
Hoops (HP) Spin, twist, swing, and maneuver up, around, and through a 3-foot wide suspended metal hoop. Flexibility and dance training		
Youth Intermediate		
HP 0000-01 Hoops ages 12-18 (Wed 4:00 PM) HP 0000-02 Hoops ages 12-18 (Thur 5:00 PM)	Previously performed in Multiple Trapeze 0200, the ability to execute a split on one leg, coach recommendation and space availability	Non-Performing
Youth Beginner/Intermediate		
HP 0050-01 Hoops ages 11+ (Tues 7:15 PM)	Successful execution of skills from previous level, must have taken HP 0000 for full year, coach recommendation, and space availability	Non-Performing
Youth Intermediate		
HP 0100-01 Hoops ages 12+ (Sat 1:15 PM)	Successful execution of skills from previous level, 3 consecutive pull overs and 4 consecutive leg switches, coach recommendation, and space availability	Spring Show 2025
HP 0200-01 Hoops ages 12+ (Thur 6:15 PM)	Successful execution of skills from previous level, 5 consecutive pull overs and 3 consecutive pull ups, coach recommendation, and space availability	Spring Show 2025
HP 0300-01 Hoops ages 12+ (Wed 5:00 PM)	Successful execution of skills from previous level, 5 consecutive pull ups, 5 consecutive pull overs with legs together, splits on both sides, dance training strongly recommended, coach recommendation, and space availability	Spring Show 2025
Youth Advanced		

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HP 1000-01 Hoops ages 13+ (Fri 6:15 PM)	By invitation only; successful execution of skills from previous level and space availability	Winter Show 2024 and Summer Show 2025
Intro to Aerial (INAE) This class is designed for new students interested in learning the basics of aerial technique and artistry. Learn the		
Youth Beginner/New Student		
INAE 0000-01 Intro to Aerial ages 11-18 (Thur 8:15 PM)	Meets minimum age by Sept 1 and space availability	Non-Performing
Intro to Solo Trapeze (INST) For students with little or no aerial experience, this class teaches the basics of trapeze, a foundational act in the		
Youth Beginner/New Student		
INST 0000-01 Intro to Solo Trapeze ages 11-18 (Thur 4:00 PM)	Meets minimum age by Sept 1 and space availability	Non-Performing
Ladder Trapeze (LT) This solo trapeze act involves work on a revolving trapeze bar and rope ladder.		
Youth Intermediate		
LT 0100-01 Ladder Trapeze ages 11-18 (Tues 8:15 PM)	Previously performed in Multiple Trap 0200, splits on one side, ability to do sitting cradle and/or has taken at least one session of LT 0000	Spring Show 2025
LT 0300-01 Ladder Trapeze ages 11+ (Fri 6:15 PM)	Successful execution of skills from previous level, one front hip circle, jet rolls with straight legs, coach recommendation, and space availability	Spring Show 2025
Youth Advanced		
LT 0800-01 Ladder Trapeze ages 13+ (Fri 8:15 PM)	By invitation only; coach recommendation and space availability	Winter Show 2024 and Spring Show 2025
Low Casting Fun (LCF) A just-for-fun mini-flying-trapeze class for timing, teamwork, and upper body strength.		
Youth Beginner/New Student		
LCF 0000-01 Low Casting Fun ages 9-12 (Tues 4:00 PM) LCF 0000-02 Low Casting Fun ages 9-12 (Wed 7:15 PM) LCF 0000-03 Low Casting Fun ages 9-12 (Thur 6:15 PM) LCF 0000-04 Low Casting Fun ages 9-12 (Thur 7:15 PM)	Meets minimum age by Sept 1, at least 1 year of Acrobatics and/or coach approval, height max 5' 3" tall, weight max 125 pounds, and space availability. CJ reserves the right to withdraw students if flier/catcher size/weight ratio is a concern.	Non-Performing
Mexican Cloud Swing (MS) This act is much like Cloud Swing, but does not include hand and foot loops. Instead, the student uses his or her		
Youth Intermediate		
MS 0000-01 Mexican Cloud Swing ages 13+ (Fri 6:15-6:45 PM)	Invitation only; has a minimum of two years performing in an aerial act, 5 consecutive pull-ups, 5 straight leg lifts, coach recommendation, and space availability.	Non-Performing
MS 0100-01 Mexican Cloud Swing ages 13+ (Thur 6:15-6:45 PM) MS 0100-02 Mexican Cloud Swing ages 13+ (Fri 5:45-6:15 PM)	Invitation only; has a minimum of two years performing in an aerial act, 5 consecutive pull-ups, 5 straight leg lifts, coach recommendation, and space availability.	Spring Show 2025
Youth Advanced		
MS 1000-01 Mexican Cloud Swing ages 13+ (Fri 5:00-5:45 PM) MS 1000-02 Mexican Cloud Swing ages 13+ (Wed 5:15-6:00 PM)	By invitation only; successful execution of skills from previous level and space availability	Summer Show 2025
Mini Hammock (MNHM) Aerial work on a stationary hammock made of looped silk.		
Youth Beginner/Intermediate		

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MNHM 0000-01 Mini Hammock ages 9-14 (Wed 5:00 PM) MNHM 0000-02 Mini Hammock ages 9-14 (Thur 5:00 PM)	Meets minimum age by Sept 1, has accomplished all skills in Multiple Trapeze 0100 or had 2 years of Side by Side and/or Star, coach recommendation, and space availability	Non-Performing
Youth Intermediate		
MNHM 0100-01 Mini Hammock ages 10-14 (Wed 7:15 PM) MNHM 0100-02 Mini Hammock ages 10-14 (Fri 4:00 PM)	Meets minimum age by Sept 1, successful execution of skills from previous level, can execute a pull over on the hammock, coach recommendation, and space availability	Spring Show 2025
MNHM 0150-01 Mini Hammock ages 10+ (Mon 8:15 PM)	Meets minimum age by Sept 1, successful execution of skills from previous level, can execute a pull over on the hammock, coach recommendation, and space availability	Spring Show 2025
MNHM 0200-01 Mini Hammock ages 10+ (Tues 5:00 PM)	Meets minimum age by Sept 1, successful execution of skills from previous level; must be able to execute 5 pull ups, at least one good split on one side, bridge with straight arms, 3 straddle backs from standing on hammock, coach recommendation, and space availability	Spring Show 2025
MNHM 0300-01 Mini Hammock ages 10+ (Mon 5:00 PM)	Meets minimum age by Sept 1, successful execution of skills from previous level; must be able to execute one over split, short bridge with straight arms, 5 straddle backs from standing on hammock, 5 pull overs, coach recommendation, and space availability	Spring Show 2025
MNHM 0400-01 Mini Hammock ages 10+ (Tues 4:00 PM)	Meets minimum age by Sept 1, successful execution of skills from previous level; must be able to execute one over split, short bridge with straight arms, 5 straddle backs from standing on hammock, 5 pull overs, coach recommendation, and space availability	Spring Show 2025
Multiple Trapeze (MT) This act entails the use of one double-decker trapeze on which six people perform simultaneously. Students learn basic-		
Youth Beginner/New Student		
MT 0100-01 Multiple Trapeze ages 9-18 (Mon 5:00 PM) MT 0100-02 Multiple Trapeze ages 9-18 (Mon 6:15 PM) MT 0100-03 Multiple Trapeze ages 9-18 (Fri 7:15 PM) MT 0100-04 Multiple Trapeze ages 9-18 (Tues 4:00 PM) MT 0100-05 Multiple Trapeze ages 9-18 (Tues 7:15 PM) MT 0100-06 Multiple Trapeze ages 9-18 (Thur 6:15 PM) MT 0100-07 Multiple Trapeze ages 9-18 (Fri 4:00 PM) MT 0100-08 Multiple Trapeze ages 9-18 (Sat 1:15 PM)	Meets minimum age by Sept 1 (age 8 ok if two years Side by Side or Star) and space availability	Spring Show 2025
Youth Intermediate		

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MT 0200-01 Multiple Trapeze ages 9-18 (Mon 7:15 PM) MT 0200-02 Multiple Trapeze ages 9-18 (Tues 5:00 PM) MT 0200-03 Multiple Trapeze ages 9-18 (Wed 6:15 PM) MT 0200-04 Multiple Trapeze ages 9-18 (Thur 7:15 PM)	Has taken 3 consecutive sessions of and performed in Multiple 0100 OR has taken Intro to Aerial and has received a coach recommendation to join this level. Students should be able to do a roll-up, high cradle, and straddle back balance with adequate form. Dependent on space availability.	Spring Show 2025
Pas de Deux (PDD) This flying silks-like act is designed for two and can be described as a lyrical dance in the air. Most often a male/female		
Youth Advanced		
PDD 0000-01 Pas de Deux ages 13+ (Tues 4:00-4:30 PM)	Experience in Spanish Web or Silks, performance history in an intermediate-level aerial act, and space availability	Non-Performing
PDD 0100-01 Pas de Deux ages 13+ (Fri 3:30-4:00 PM)	By invitation only; experience in Spanish Web or Silks, performance history in an advanced-level aerial act, and space availability	Spring Show 2025
PDD 1000-01 Pas de Deux ages 13+ (Sat 11:00-12:30 PM) (FF)	By invitation only; experience in Spanish Web or Silks, performance history in an advanced-level aerial act, and space availability	Winter Show 2024 and Summer Show 2025
Russian Cradle (CRDL) Specialized aerial act that combines two different styles of catching with flying and high-bar skills.		
Youth Advanced		
CRDL 1000-01 Russian Cradle ages 13+ (Tues 8:15 PM, Thur 8:15 PM) (FF)	The boat is returning! By invitation only and space availability; high level of circus acrobatics or gymnastics preferred	Summer Show 2025
Shoot-Thru Ladder (SL) Balance on a revolving metal ladder pivoting on an axle with a partner who performs on a trapeze.		
Youth Intermediate		
SL 0100-01 Shoot-Thru Ladder ages 11+ (Fri 4:00 PM) (FF)	AT least three sessions of Mini Hammock 300 or 400 AND Silks 0000, and/or coach recommendation; splits, back bend, and 5 pull-ups.	Spring Show 2025
Side by Side (SS) This act is perfect for our youngest performers! Pairs of students learn the fundamentals of trapeze work side by side on the		
Youth Beginner/New Student		
SS 0100-01 Side by Side ages 6-9 (Mon 4:00 PM) SS 0100-02 Side by Side ages 6-9 (Mon 6:15 PM) SS 0100-03 Side by Side ages 6-9 (Tues 6:15 PM) SS 0100-04 Side by Side ages 6-9 (Sat 9:00 AM) SS 0100-05 Side by Side ages 6-9 (Thur 4:00 PM) SS 0100-06 Side by Side ages 6-9 (Sat 12:15 PM)	Meets minimum age by Sept 1 and space availability	Spring Show 2025
Youth Beginner/Intermediate		
SS 0200-01 Side by Side ages 7-9 (Thur 6:15 PM) SS 0200-02 Side by Side ages 7-9 (Fri 6:15 PM)	Must have at least three consecutive sessions of and have performed in Side by Side 0100 and space availability	Spring Show 2025
Silks (SKS) Aerialists use a long piece of fabric to wrap, suspend, fall, swing, and spiral their bodies into and out of various poses and tricks.		
Youth Intermediate		
SKS 0000-01 Silks ages 12+ (Mon 5:00 PM) SKS 0000-02 Silks ages 12+ (Tues 7:15 PM)	Has taken one year Spanish Web or Team Aerial and ability to execute a straddle back in the air. Movement up through levels is congruent with coach recommendation and space availability.	Non-Performing
SKS 0050-01 Silks ages 12+ (Wed 8:15 PM)	Successful execution of skills from previous level, 3 consecutive straddle backs off the ground, coach recommendation, and space availability	Non-Performing
SKS 0100-01 Silks ages 12+ (Thur 7:15 PM)	Successful execution of skills from previous level, 3 consecutive straddle backs off the ground, coach recommendation, and space availability	Spring Show 2025

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SKS 0200-01 Silks ages 12+ (Fri 7:15 PM)	Successful execution of skills from previous level, 5 consecutive straddle backs off the ground with straight legs, coach recommendation, and space availability	Spring Show 2025
SKS 0300-01 Silks ages 12+ (Tues 8:15 PM)	Successful execution of skills from previous level, 3 consecutive straight leg straddle climbs with good form, coach recommendation, and space availability	Spring Show 2025
Youth Advanced		
SKS 1000-01 Silks ages 13+ (Mon 4:00 PM, Wed 4:00 PM) (FF)	By invitation only; successful execution of skills from previous level and space availability	Winter Show 2024 and Summer Show 2025
Sling (SLNG) This intermediate-level aerial act combines the grace and beauty of hammock with the strength and power of silks.		
Youth Intermediate		
SLNG 0050-01 Sling ages 12+ (Tues 5:00 PM)	Experience in Mini-Hammock 400 and Silks, and coach recommendation; splits, back bend, and 5 pull-ups.	
SLNG 0100-01 Sling ages 12+ (Wed 7:15 PM)	Experience in Mini-Hammock 400 and Silks, and coach recommendation; splits, back bend, and 5 pull-ups.	Spring Show 2025
SLNG 0200-01 Sling ages 12+ (Mon 6:15 PM)	Experience in Sling 0100 and coach recommendation; splits, back bend, and 5 pull-ups	Spring Show 2025
Youth Advanced		
SLNG 0800-01 Sling ages 13+ (Thur 8:15 PM)	Experience in Sling 0300 and coach recommendation; splits, back bend, and 5 pull-ups. By invitation only.	Winter Show 2024 and Spring Show 2025
Spanish Web (SW) A long, cloth-covered rope where tricks are defined by beauty. Learn spinning, hand and ankle loop work, loop-less		
Youth Beginner/New Student		
SW 0000-01 Spanish Web ages 12+ (Mon 7:15 PM) SW 0000-02 Spanish Web ages 12+ (Wed 6:15 PM) SW 0000-03 Spanish Web ages 12+ (Fri 7:15 PM) SW 0000-04 Spanish Web ages 12+ (Sat 10:00 AM)	Meets minimum age by Sept 1 (age 11 ok if has performed last two years in an aerial act); previous aerial training is recommended but not required, space availability	Non-Performing
Youth Intermediate		
SW 0050-01 Spanish Web ages 12+ (Thur 8:15 PM) SW 0050-02 Spanish Web ages 12+ (Fri 4:00 PM)	Successful execution of skills from previous level, coach recommendation, and space availability	Non-Performing
SW 0100-01 Spanish Web ages 12+ (Sat 12:15 PM)	Successful execution of skills from previous level, 3 consecutive straddle backs in the air, coach recommendation, and space availability	Spring Show 2025
SW 0150-01 Spanish Web ages 12+ (Fri 5:00 PM)	Successful execution of skills from previous level, coach recommendation, and space availability	Spring Show 2025
SW 0200-01 Spanish Web ages 12+ (Mon 8:15 PM)	Successful execution of skills from previous level, 5 consecutive straddle backs in the air with straight legs, coach recommendation, and space availability	Spring Show 2025
SW 0300-01 Spanish Web ages 13+ (Tues 6:15 PM)	Successful execution of skills from previous level, 3 consecutive straight leg straddle climbs with good form, coach recommendation, and space availability	Spring Show 2025
Youth Advanced		
SW 1000-01 Spanish Web ages 13+ (Tues 4:00 PM, Thur 4:00 PM) (FF)	By invitation only; successful execution of skills from previous level and space availability	Winter Show 2024 and Summer Show 2025

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Star (SR) Continue learning basic trapeze skills introduced in Side by Side while working higher up in the air on the Star apparatus.		
Youth Beginner/Intermediate		
SR 0100-01 Star ages 7-9 (Sat 9:00 AM)	Meets minimum age by Sept 1, and 1 year Side by Side and space availability	Spring Show 2025
Static Trapeze (STAT) This is a solo, single-point trapeze where you incorporate static and dynamic moves in the ropes and on the bar.		
Youth Intermediate		
STAT 0000-01 Static Trapeze ages 13+ (Mon 4:00 PM)	Currently or has been enrolled in Triple Trapeze 0100 or higher, coach recommendation, and space availability	Non-Performing
STAT 0050-01 Static Trapeze ages 13+ (Fri 5:00 PM)	Has completed all skills from previous level, coach recommendation, space availability	Non-Performing
STAT 0100-01 Static Trapeze ages 13+ (Sat 11:00 AM)	Has been enrolled in Static 0000, 3 continuous pull overs and 2 leg switches on each side, coach recommendation, and space availability	Spring Show 2025
STAT 0200-01 Static Trapeze ages 13+ (Wed 8:15 PM)	Successful execution of skills from previous level, coach recommendation, and space availability	Spring Show 2025
STAT 0300-01 Static Trapeze ages 13+ (Mon 6:15 PM)	Successful execution of skills from previous level, coach recommendation, and space availability	Spring Show 2025
Youth Advanced		
STAT 1000-01 Static Trapeze ages 13+ (Mon 7:15 PM, Thur 6:15 PM) (FF)	Static 1000 will be performing on Aerial Chairs for Summer 2025! By invitation only; successful execution of skills from previous level and space availability	Summer Show 2025
Straps (SP) This act combines a great amount of physical strength and aerial artistry. Graceful movements are executed on canvas-like straps.		
Youth Intermediate		
SP 0000-01 Straps ages 12+ (Sat 10:00 AM)	Has performed in an aerial act, 3-5 pull ups, 5 suspended pike ups with straight arms, coach recommendation, and space availability	Non-Performing
SP 0050-01 Straps ages 12+ (Sat 11:00 AM)	Successful execution of skills from previous level, coach recommendation, and space availability	Non-Performing
SP 0100-01 Straps ages 12+ (Tues 6:15 PM)	Successful execution of skills from previous level, coach recommendation, and space availability	Spring Show 2025
SP 0200-01 Straps ages 13+ (Wed 6:15 PM)	Successful execution of skills from previous level, coach recommendation, and space availability	Spring Show 2025
Youth Advanced		
SP 1000-01 Straps ages 13+ (Thur 7:15 PM)	By invitation only; successful execution of skills from previous level and space availability	Summer Show 2025
Swinging Trapeze (ST) Daring release maneuvers on the swinging trapeze.		
Youth Advanced		
ST 0000-01 Swinging Trapeze ages 13+ (Fri 6:45-7:15 PM)	By invitation only; advanced-level acrobatics and/or aerial skills and space availability	Non-Performing
ST 0100-01 Swinging Trapeze ages 13+ (Tues 7:30-8:00 PM)	By invitation only; advanced-level acrobatics and/or aerial skills and space availability	Spring Show 2025
ST 0100-02 Swinging Trapeze ages 13+ (Wed 6:15-6:45 PM)		
ST 0500-01 Swinging Trapeze ages 13+ (Wed 6:45-7:15 PM)	Invitation only	Spring Show 2025
ST 1000-01 Swinging Trapeze ages 13+ (Thur 3:15-4:00 PM)	By invitation only; successful execution of skills from previous level and space availability	Summer Show 2025
ST 1000-02 Swinging Trapeze ages 13+ (Mon 6:30-7:15 PM)		
Triangle Trapeze (TRI) This unique, triangle-shaped trapeze soars around the arena and incorporates a base, a middle, and a flier. Specific		
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TRI 0100-01 Triangle Trapeze ages 13+ (Tues 5:00-5:45 PM)	By invitation only and space availability; two or more years performing in 0400 or higher Triple Trap or experience in Double/Duo Trap and Spanish Web, Hoops, or Silks, dance experience preferred, must be able to do 8 pull-ups, coach recommendation, and space availability	Spring Show 2025
TRI 0100-02 Triangle Trapeze ages 13+ (Mon 5:00-5:45 PM)		
TRI 0100-03 Triangle Trapeze ages 13+ (Thur 7:15-8:00 PM)		
TRI 1000-01 Triangle Trapeze ages 13+ (Wed 3:30-4:15 PM)	By invitation only; successful execution of skills from previous level, coach recommendation, and space availability	Winter Show 2024 and Summer Show 2025
TRI 1000-02 Triangle Trapeze ages 13+ (Fri 5:30-6:15 PM)		
Triple Trapeze (TT) This static trapeze includes three traps on one bar. Students learn one of two positions—base or flier—so body types are		
Youth Intermediate		
TT 0000-01 Triple Trapeze ages 10+ (Tues 6:15 PM)	Meets minimum age by Sept 1; has had at least three consecutive sessions of and performed in Multiple Trapeze 0200, coach recommendation, and space availability	Non-Performing
TT 0000-02 Triple Trapeze ages 10+ (Thur 4:00 PM)		
TT 0100-01 Triple Trapeze ages 11+ (Fri 6:15 PM)	At least 3 consecutive sessions of and successful execution of skills from the 0000 level and coach recommendation when appropriate spot is available	Spring Show 2025
TT 0200-01 Triple Trapeze ages 11+ (Wed 5:00 PM)	Successful execution of skills from the 0100 level and coach recommendation when appropriate spot is available	Spring Show 2025
TT 0300-01 Triple Trapeze ages 11+ (Wed 4:00 PM)	Successful execution of skills from the 0200 level, can execute a cradle from sitting, full split on at least one leg, and coach recommendation when appropriate spot is available	Spring Show 2025
TT 0400-01 Triple Trapeze ages 11+ (Mon 4:00 PM)	Successful execution of skills from the 0300 level, can execute at least one pull up starting from a straight hang, and coach recommendation when appropriate spot is available	Spring Show 2025
TT 0500-01 Triple Trapeze ages 12+ (Thur 5:00 PM)	Successful execution of skills from the 0400 level, can execute a double-knee monkey roll on low bar, and coach recommendation when appropriate spot is available	Spring Show 2025
Youth Advanced		
TT 1000-01 Triple Trapeze ages 13+ (Wed 7:15 PM)	By invitation only when appropriate spot is available; successful execution of skills from previous level	Winter Show 2024 and Summer Show 2025